

MANE NOBISCUM DOMINE - STAY WITH US LORD

Exposition of the Blessed Sacrament in the Catholic Churches of the City of Cardiff.

Church	Day of the Week					
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cathedral		4pm - 5pm (Term time)	4pm - 5pm (Term time)		9.15am - 12.15pm 2.30pm - 4.30pm (From September)	10.30am - 12pm
St. Alban	6pm - 7pm			11am - 12pm		
Blessed Sacrament				10am - 1pm		
St. Brigid				10am - 3pm		
St. Paul			10am - 3pm			
St. Cadoc					10am - 8pm	
St. Joseph (Cathays)			9.30am - 1.30pm			
St. Peter			10am - 8pm			5pm – 5.45pm
St. Teilo		10.30am - 9pm				
Our Lady of Lourdes			10.30am - 2pm			
Christ the King		10am - 3pm	8pm – 9pm			
St Joseph (Penarth)					6.30pm – 7.30pm	

