

C A R D I F F M E T R O P O L I T A N C A T H E D R A L .

The Metropolitan Cathedral Church of Saint David.

Eglwys Gadeiriol Fetropolitanaid Dewi Sant

Cathedral Clergy House, 38 Charles Street, CF10 2SF.

Telephone: 029 20231407.

cardiff.met.cath@btinternet.com

www.cardiffmetropolitancathedral.org.uk

Rev.Canon Peter Collins.

Cathedral Dean.

Rev.Raymond O'Shea.

Priest in Residence (Retired).

Mr.Christopher Daley.

Chairman, Cathedral Council.

Dr.David Neville.

Director of Music and Organist.

Mrs.Margaret O'Callaghan.

Safeguarding Representative.

C.T.S. Bookshop.

Tel. 029 20397174

Sunday Cycle B. Weekday Cycle 1.

5.45.pm. Mass: Private Intention.

9th. August 2009. 19th SUNDAY OF THE YEAR.

11.00.am. Mass: Private Intention

5.45.pm. Mass: Private Intention.

MONDAY.

12.45.pm. Memoria. St. Lawrence.

Private Intention.

TUESDAY.

12.45.pm. Memoria. Memoria St. Clare

Mass: Private Intention.

WEDNESDAY.

12.45.pm. St. Jane Frances de Chantal.

Mass: Private Intention.

THURSDAY.

12.45.pm. Ferial. Mass: Private Intention.

FRIDAY.

12.45.pm. Memoria. St. Maximilian Kolbe.

Mass: Private Intention.

SATURDAY.

10.00.am. Memoria of Our Lady.

Mass: Private Intention.

10.30.am. Exposition of the Blessed Sacrament.

11.00.am. – 12.00.pm. Sacrament of Reconciliation.

12.00.pm. Benediction.

4.30.pm. – 5.15.pm. Sacrament of Reconciliation.

5.45.pm. Vigil Mass of the Assumption: Private Intention.

16th. AUGUST 2009. The Solemnity of the Assumption of our Blessed Lady.

11.00.am. Mass: Private Intention.

5.45.pm. Mass: Private Intention.

OFFERINGS: £181.04 /£307.85. /£97.00. / Standing Orders £100.00.

Collection for the White Fathers £699.35 Donation for Cathedral Fund £20.00.

THE ST.DAVID'S CHARISMATIC EVENTS TEAM.

Spiro Sueref will soon be distributing a letter describing the work undertaken by the Team together with an appeal for volunteers. The next event scheduled at the Cathedral will take place on Friday 11th & Saturday 12th September. For more information Tel.0781 5165104 / <http://www.ccrw.org.uk/>

EXTENDED EXPOSITION OF THE BLESSED SACRAMENT.

Commencing on Friday 11th September, the Blessed Sacrament will be exposed for an extended period every Friday at the Cathedral, 9.15.am – 12.15.pm and 2.30.pm – 4.30.pm. The day will end with Solemn Benediction. I am grateful to Kevin Hougardy for volunteering to organise the arrangements. Kevin is a teacher at Michaelston College and has reduced his teaching commitment from five to four days in order to devote himself to this ministry over the coming academic year.

A certain Priest was disturbed to see a shabby old man go into the Church every day at noon and come out again after a few moments. What could he be doing? He informed the Caretaker and asked him to question the old man. After all, the place contained valuable candlesticks and other objects. "I go to pray" Jim told the Caretaker. "But you only there for a few moments, never long enough to pray?" "Well you see, I cannot pray a long prayer, but every day at noon, I just come and say. "Hi! Jesus, its Jim" I wait a minute and come away. "Its just a little prayer, but I guess he hears me"
When Jim fell ill a while later and was taken to Hospital, he had a wonderful influence in the ward. Grumbling patients became cheerful and often the ward would ring with laughter. "Well Jim" the Sister said to him one day" the men tell me that you are always happy?. "Yes Sister, I am. I can't help but be happy, You see its my visitor. Every day He makes me happy." "Your visitor?" the Sister was puzzled. She noticed that Jim's chair was empty every visiting time, for he was an old man without any relatives. "Your visitor"? she asked "when does he come?. "Every day" Jim replied, the light in his eyes growing brighter. "Yes, every day He comes and stands at the foot of my bed. I see Him and He smiles and says" Hi! Jim, Its Jesus "

A Christian is a living sermon whether or not they preach the word.

If you want to defend Christianity, practice it!

The most essential element in any home is God.

Double Nobel prize winner Dr. Alexis Carrel wrote a book called" Man, the unknown". In it, he makes this striking statement" Prayer is the most powerful force of energy we can generate.....The influence of prayer on the human mind and body is as demonstrable as secreting glands.....Only on prayer do we achieve that complete and harmonious assembly of mind, body, and spirit which gives the frail human reed. What is the one effect that regular prayer has had on my life?

Canon Peter Collins will be away on his annual holiday until the end of August. We wish him fine weather and a good rest.